



PSHE + RSE CURRICULUM

RECEPTION

- A1 - Special relationships**
- A2 - Family and friends**
 - Sp1 - My feelings**
 - Sp2 - Listening and following instructions**
 - S1 - My wellbeing**
 - S2 - Taking on challenges**

YEAR 2

- A1 - Different types of family and managing friendships**
- A2 - Experiencing different emotions**
 - Sp1 - Communication online**
 - Sp2 - Rules beyond school**
 - S1 - Need and wants**
 - S2 - Transition**

YEAR 1

- A1 - Family and friendships**
- A2 - People who help us stay healthy**
 - Sp1 - Asking for help**
 - Sp2 - Caring for others**
 - S1 - Looking after money**
 - S2 - Transition**

YEAR 3

- A1 - Respecting differences**
- A2 - My superpowers**
 - Sp1 - Basic first aid**
 - Sp2 - Rights of the child**
 - S1 - Budgeting**
 - S2 - Transition**

YEAR 4

- A1 - Families in the wider world**
- A2 - Celebrating mistakes**
 - Sp1 - The changing adolescent body**
 - Sp2 - What are human rights?**
 - S1 - Looking after money**
 - S2 - Transition**

YEAR 6

- A1 - Developing respectful relationships**
- A2 - Puberty and change**
 - Sp1 - Resilience toolkit**
 - Sp2 - Prejudice and discrimination**
 - S1 - Career routes**
 - S2 - Transition**

YEAR 5

- A1 - Family life**
- A2 - Puberty**
 - Sp1 - Going for goals**
 - Sp2 - Contributing to the community**
 - S1 - Income and expenditure**
 - S2 - Transition**